



January 1/19/2021 4-H Update



4-H Families:

As we continue with the month of January, remember to follow the SDSU Covid-19 policies and procedures. If your club decides to meet in person, social distancing and face masks **MUST** be worn by everyone if you are inside. If you meet outside, please continue to socially distance yourselves, but face masks are not required.

4HOnline 2.0

The 4-H Office has sent out help sheets to families to enroll as new members and re-enroll current members. When enrolling, please remember to submit your enrollment so the 4-H Office can approve it.

State Fair 4-H Horticulture Skillathon

At the SD State Fair Horticulture Skillathon, we use study guides from NJHA (National Junior Horticulture Association) to gather test questions. We rotate the study guide topics we use every year. For your planning purposes, here are the topics for 2021:

Juniors – Landscaping and Commercial Horticulture Production

Seniors – Plant Propagation and Plant Nutrition

Here is the link that has most of the information:

<https://sdsu.app.box.com/folder/112273407476?s=8emjq5qp5m2geuh4qalj9mpg6fy6h47u>

BHSS Youth Day Volunteer Opportunities

The Black Hills Stock Show Youth Day is scheduled to be held on Saturday, January 30, 2021 in Rapid City, SD. The below contests will take place and would appreciate any volunteers who are willing! Those interested can contact Regina Bakley at regina.bakley@sdstate.edu or 605-394-2188.

Contests include:

- Beef Cook-off
- Hippology
- Horse Quiz Bowl
- Livestockology
- Livestock Judging

Community Service Opportunity

Are you looking to lend a helping hand? Avera Medical Group Maternal Fetal Medicine is in need of baby blankets for families that just received a diagnosis of Down's syndrome for their new born baby. These baby sized blankets can be handmade or bought! If you have blankets you are willing to donate please send them to:

Avera MFM

Attn: Karina Skov

Plaza 1

1417 S Cliff Ave Suite 100

Sioux Falls, SD 57105

2020-21 Statewide Community Service Project

The project topic that was selected by teen participants at the 2020 virtual Teen Leadership Conference is the 20/20 Vision Project. This project empowers individuals across South Dakota to donate gently used eyeglasses to ultimately be gifted to those experiencing visual impairments. An estimated 123 million people globally experience uncorrected refractive errors (URE) in both far and near sightedness (World Health Organization, 2020). These errors can be corrected with the use of eyeglasses. Thus, our goal is to donate 2,020 pairs of glasses statewide by the completion of the project. Watch for more info on drop locations and how you and your club can get involved!



Listen, Learn, Lead Project

South Dakota 4-H member Danika Gordon wants to help youth across South Dakota gain leadership and communication skills. How is she doing that? Gordon has established a website titled Listen, Learn, Lead – or L3 for short – where youth can watch TED Talks with messages focused on growing their personal skills.

For the past three years, Gordon has selected four TED Talks to feature on her website. Each talk focuses on a leadership topic – from building confidence to becoming more optimistic toward challenges. She has recently selected the four TED Talks to be highlighted for 2021 on the L3 site and encourages youth to take the time to watch the brief video lectures. None are longer than 18 minutes. Gordon says this year's talks offer viewpoints on managing free time, finding happiness, overcoming fear and taking care of emotional health.

Open the attachment for more information and the website link. The talks from 2019 and 2020 are also archived on the site.

Gordon suggests youth might gather to watch the TED Talks during a 4-H club, 4-H junior leaders or simply during free time or as a family. She says the project was designed to be similar to a book club. After watching the TED Talk, short discussion questions are listed on the website for youth to reflect on or to prompt conversations with others about what they learned from the presentation.

Gordon is an eleven-year Lawrence County 4-H member and a graduate of Sturgis-Brown High School. She is a former State 4-H Ambassador and is currently a freshman at South Dakota State University.